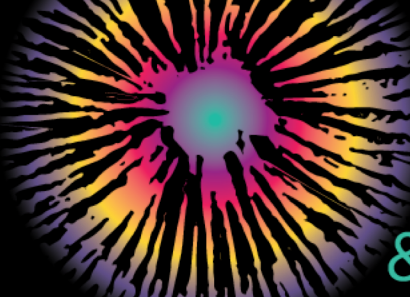


Consciousness



& Psychedelics Conference

Tyler Prock
Let's Blast Off!!

A Journey Within



Legality

Illegal almost everywhere

It is not legal anywhere to produce

Although positioned on the Schedule 1 List in the United States, there have been no reported deaths, overdoses, addictions, and minimal long term negative effects

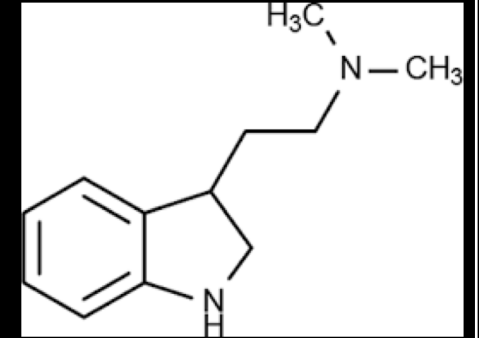
Some brave cities across the country have now decriminalized all entheogens: Oakland California, Seattle Washington, with many more soon to follow.



What is N,N-Dimethyltryptamine?

DMT or **N,N-DMT**- Is a neurotransmitter that is said to be found in the pineal gland and lungs of mammals, released when you are in transition (born, death), during stage-4 REM sleep, and during meditations or breathing techniques (Wim Hof)

DMT is also called “spirit molecule, business trip, dimitri, deems”



It can be consumed as a **psychedelic** recreationally and has historically been prepared by various cultures for **ritual** purposes as an **entheogen** for ceremonial purposes.

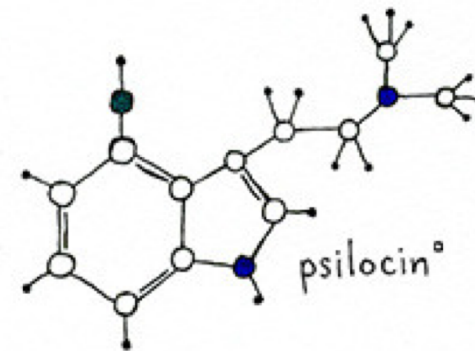
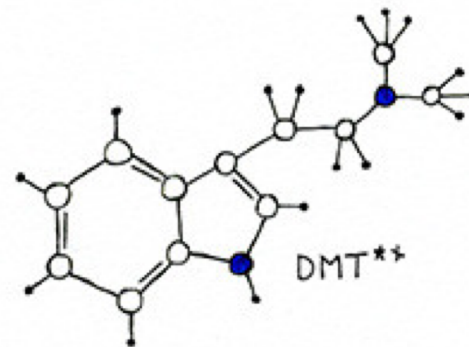
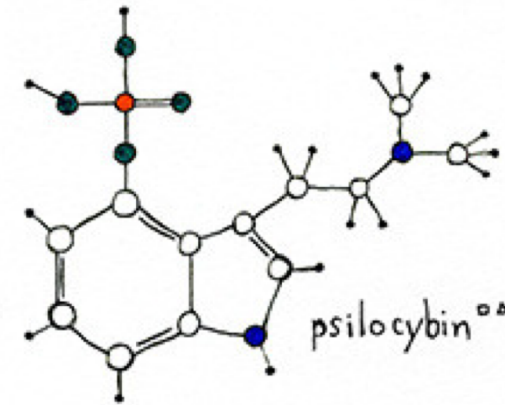
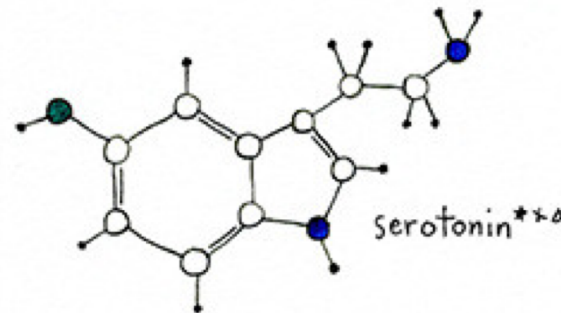
It may come to you in many forms, yellow, white, brown, and red, but it always smells the same

4 Similar Tryptamines

DMT is a naturally occurring tryptamine compound found in many different kinds of plants (Mimosa Hostilis, Acacia), and it can also be made in a lab.

Tryptamine is also produced in the human body and plays a fundamental role in much of its central nervous system regulatory processes, such as sleep, memory, body temperature, behavior, and cognition.

four tryptamine compounds



- = hydrogen
- = carbon
- = nitrogen
- = oxygen
- = phosphorus

- * endogenous
- † found in plants
- Δ found in fruit
- ◊ found in mushrooms
- △ converts to psilocin in human bodies

Caution

Anyone with a personal or family history of mental challenges or diseases should be very cautious

Anyone taking any medication, SSRIs, NDRIs, or any other prescription - mostly likely will have a serotonin block and will need more DMT, but still start slow and proceed with caution

Heart issues or high blood pressure sufferers should show **extreme** caution - can you ride a roller coaster?

Terence, What is a trip like?



f /atmtripsyoni

Preparation if sound doesn't work.

The first thing that happens is there is a sense as if all the air has been sucked out, all the colors brightened. This is that increase in visual acuity, all edges become sharp and distant things stand out in their clarity. This is at 1 Toke

At two tokes, you close your eyes and feel a bit a anesthesia seeping through your body, you close your eyes and you see a floral pattern rotating in space, usually a yellow orange. People who do this occasionally, and no one does this a lot, call it DMT.....

You take let us assume a third toke, long and slow, you vaporize and you take it in and in and in and there is a sound, like a crumpling of a plastic bread wrapper or the crackling of a flame. And a tone and nnnnnnniiiiiiiieeeeeee



What you can expect from your own body

Dilated Pupils - Keep your eyes closed

Slightly higher blood pressure and heart beat - keep breathing, stay calm, lie down or be seated

Body heat - sometimes isolated to various parts of your body

Lack of motor skills - Stay still, lie down

Will look and feel similar to taking a nap or shavasana

What you can expect from your own mind



Intense Closed Eye(CEV) and Open Eye Visuals(OEV) - **keep your eyes closed, that is where the real show is happening**

Sense of separation of self or Out of Body Experience (OBE)

Loss of sense of time and space - It may feel longer than 5 minutes

Reduced Thalamus activity - Opens you up to process a much greater amount of the raw sensory data, much more unstructured than you are used to

Strong sense of light, warmth, euphoria, and LOVE

How Long Does It Last?

DMT has a rapid onset, intense effects and a relatively short duration of action. (5-10 mins) No come up or come down.

Comically called "business trip" , a user could access the full depth of a [psychedelic experience](#) in considerably less time (5-10 mins)than with other substances such as [LSD](#) (10-16 hours) Mescaline (6-10 hours) or Psilocybin (4-6 hours).

When mixed with a Monoamine oxidase inhibitors (MAOI) (B. caapi) allows the DMT to not be broken down as quickly by the body, allowing a longer experience. When orally ingested it's commonly called Ayahuasca (4-6 hours) and when inhaled its most commonly called Changa (30-60 mins).



Why have this experience

Many have agreed to its Strong Psychotherapeutic Use, helpful with: Anxiety, Depression, Suicidal Thoughts, Finding Life's Purpose, curbing addictions, improving relationships, moving on, exploring within

Nice to see the wizard behind the curtain(veil),at the end of the yellow brick road



How to consume

DMT can be inhaled, ingested, snorted, injected, or eaten

Vaporizing with exact temperature control set to 375-400F- Volcano Vaporizer, Vapexhale - Best way for most users, great for groups

Mixing with a liquid carrier and vaped in a pen - good for most users, easy to share

Layered with cannabis, like an Oreo, and smoked on a bowl or bong - good for cannabis consumers, however the amount of dmt per hit can vary. Not great for group sessions

Dabbing with a concentrate rig using a quartz banger - seasoned lungs only. Guaranteed blast off, if they can hold it in. One person.

Microdosing DMT

Vape Pen - Mixed with Terpenes, PG, or VG. %s vary based on desired results, use a lower % of dmt for a microdose.

Get out of pain free card

Easy to add to other substance (LSD, mushrooms, mescaline)

Body high without the visuals.

Looks similar to other vape pens, discrete

Some vape pens (pax, mod batteries) have timers to allow for better dosage.

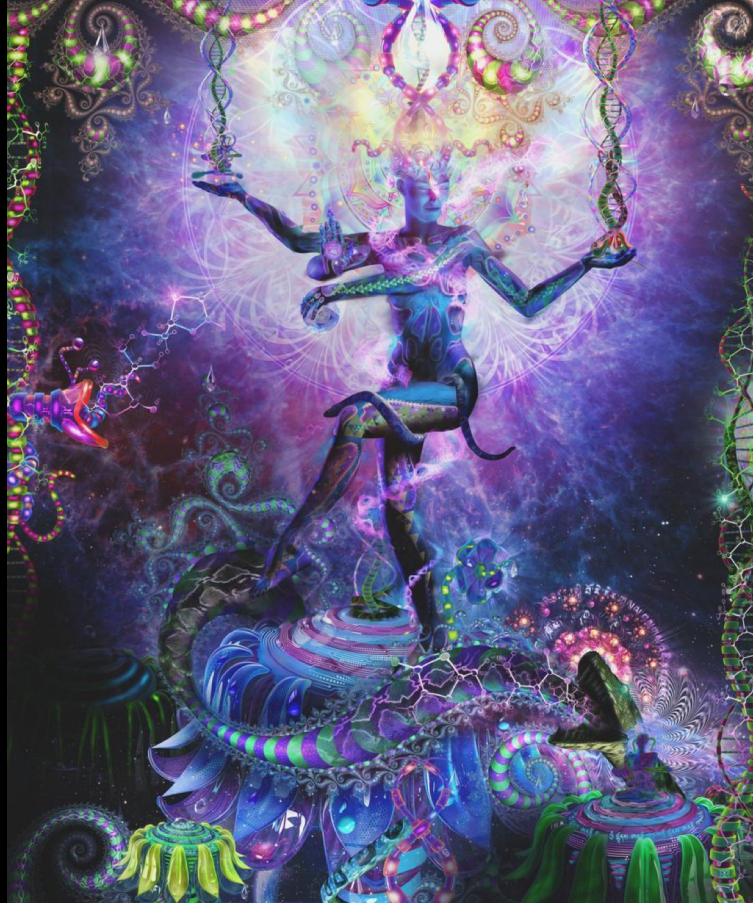


What do People See



DMT can produce vivid "projections" of **mystical experiences** involving euphoria and dynamic **hallucinations** of geometric forms.

What do People See



Jeweled Self dribbling basketballs made out of light

Mermaids

Holographic Pyramids

Cats

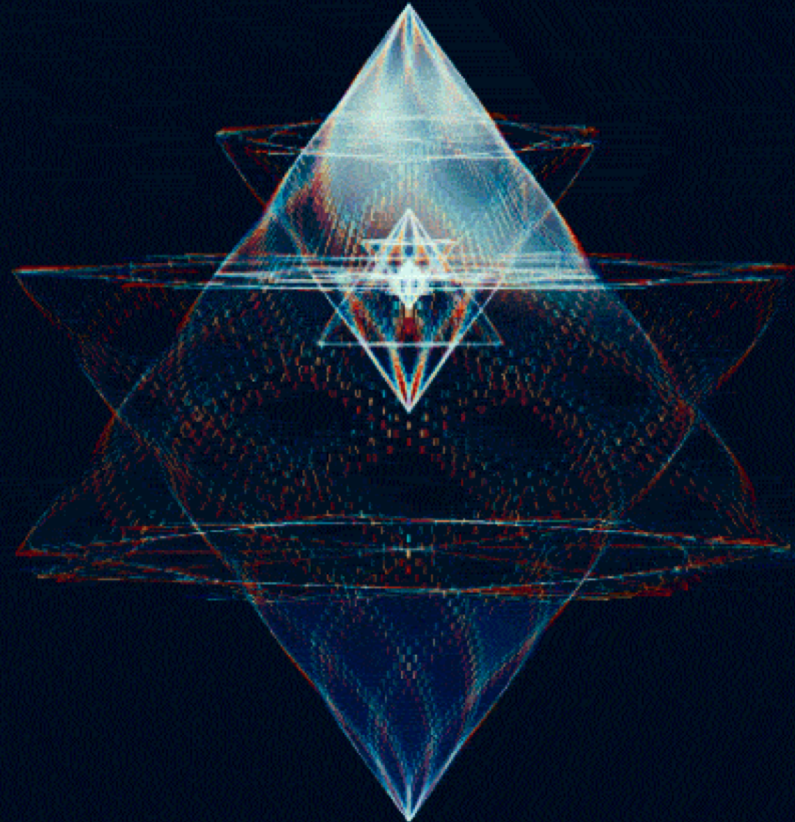
Elves

The Ladies

Alien encounter

A bugs bunny episode run backwards at high speed

What's going on here?



THE NIGHTSEA

No one really knows what's going on 100% here. Lots of great ideas over the years

In contrast to the visual distortions, these closed eye visions are not generated by the visual cortex, they are more in line with Dreaming while awake.

Is our brain chemistry similar to the frequency of quartz crystal of a radio, does it change to be able to receive different types of information. Similar to how a radio changes stations, are we changing the frequency of our minds to see another plane of reality?

What's going on here?

Are we receiving visions, having mystical revelations given to us from another realms, or do we do this every time we go to sleep and just don't remember

The only thing that ends like a DMT trip is a dream. Eye movement is similar to rapid eye movement in Stage 4 Rem Sleep.

The Posterior Cingulate Cortex cerebral blood flow is lower during REM sleep, as well as, taking tryptamine psychedelics, showing many similarities.

Very similar to a Near Death Experience



Travis, 40s, Veteran

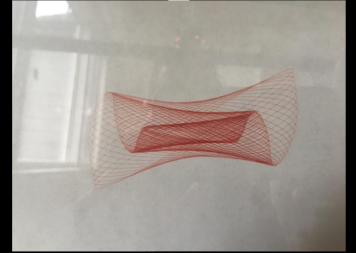
Alcohol and prescription pill free since starting DMT sessions

Controlling PTSD symptoms

“We are definitely in a computer program”

Drew a similar Alex Grey drawing, he had never drawn before or seen Alex Grey

Opened a random book from a shelf to a page with a machine in his house, only one in existence, synchronistic



Scotty, late 20s - After 1 session



Took his health back, lost 60+ pounds in a few months and is now engaged to the love of his life

More Favorite Stories

- **Lauren and Alayna** - “I opened up a heart space that I had closed off when my mom died”
- **KC, veteran** - reported seeing neat geometric shapes, but everything was in black and white. I suggested he ask a doctor about schizophrenia, and a few weeks later was “professionally” diagnosed through the VA.
- **Kyle, veteran** - Took two large dabs to break through after 4 hits of LSD were not working. He did not even believe in psychedelics till this day, he had always been on VA pills. He then quickly fixed relationship with wife and daughter, and is now managing his ptsd

More Favorite Stories

- **Beth, 65+**- She immediately got up to dance with the music and said she felt instant relief in sciatic nerve pain and did not need sleeping pills that night. However, it did make her Parkinson's brain fog a bit worse for 3 days following
- **Kevin** - changed from an angry atheist mindset to thinking more along the lines of Taoism, something unexplainable loves us, and who am I to try and explain it
- **Jacob** - Started a transition from bartender to teacher after a few session

Strassman

From 1990-1995, Rick Strassman, a psychiatrist at the University of New Mexico, conducted a study on DMT, administering around 400 doses *Intravenous* to nearly 60 people. Watch the follow up on the Spirit Molecule

More than Half of the participants reported making contact with strange entities, gods, aliens, angles, guides, or beings.

Strassman characterized biological and psychological effects in his first set of dose-response studies, effects consistent with activation of central and/or peripheral serotonin receptors

A follow-up study demonstrated lack of **tolerance** to the psychological effects of repeated closely spaced doses, making DMT unique among classical psychedelics.

Meaning: You can take this over and over in single session and never need to take more to reach the same effect.



DMTx

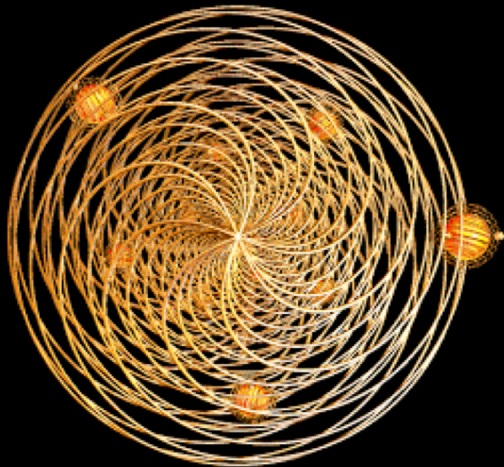
The Medicinal Mindfulness Extended-State DMT program (DMTx) was initiated in February 2016 by Daniel McQueen, co-founder of [Medicinal Mindfulness](#) in Boulder, Colorado.

DMTx is based on the cutting edge [pharmacokinetic research](#) of Dr. Andrew Gallimore and the [revolutionary DMT research](#) of Dr. Rick Strassman.

Our DMTx program explores legal psychedelic research and exploration opportunities that are congruent with the needs and interests of the psychedelic community.

Potential applications of Extended-State DMT experiences seem limitless: therapeutic healing, advanced creative problem-solving, consciousness exploration, and explorations in the nature of reality itself.

<https://www.dmtx.org>



Brief History

First synthesized in 1931 by Richard Mahske and Isolated by O. Goncalves in 1946.

Later in 1955 South American shamans became curious to psychopharmacology, while the psychoactive effects were discovered in 1956 by Stephen Szara, when he injected himself in a laboratory.

By 1965 two researchers, F. Franzen and H. Gross, had isolated DMT from human blood. And in 1972, Julius Axelrod, a Nobel prize winner, reported finding it in human brain tissue.

Where to Get More Info

Your own personal experiences. Avoid Gurus, Follow Plants

Books:

The New Science of Psychedelics + Dreaming Wide Awake by David J Brown

The Psychedelic Experience by Timothy Leary

DMT: Spirit Molecule + DMT:Soul of Prophecy by Rick Strassman

Movies:

The Spirit Molecule - Youtube



Where to Get More Info

www.Erowid.com

www.reddit.com

John Hopkins studies

Imperial London College studies

Coming soon:

www.teachingentheogens.com

www.teachingceremonies.com

www.dmtceremony.com

People to follow:

Joe Rogan

Shane Mauss

Hamilton Morris

Terence McKenna

Any Questions?

If you think of a question later, please reach out
to me

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Let's change the world together

Contact me (214) 546-0335 or Tylerprock@icloud.com