



# SUSTAINABLE FREEDOM

Through the INNER JOURNEY

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# WHO'S THIS DUDE?

- Leadership Development Consultant
- Yoga/Meditation Instructor
- Work with Entheogens
- Writer for The Dollar Vigilante
- Host of Anarchast Español and Emancipated Human YouTube channels
- I import KRATOM and sell it

# FREEDOM

A person is captured in mid-air, jumping joyfully on a beach at sunset. The sun is low on the horizon, creating a warm, golden glow that reflects on the water and sand. The person's arms are raised, and their body is silhouetted against the bright light. The background is a vast, open landscape with a clear sky and a calm sea. The overall mood is one of freedom and happiness.

- SELF
- OFFSPRING
- MONEY
- INTERPERSONAL
- SIGNIFICANT OTHER

WORLD AT LARGE



FREEDOM | SELF

Broken Leg...



# FREEDOM | SELF

## Guilt and Shame

- Breaks us down
- Wounded and insecure
- Coveting



# FREEDOM | SELF



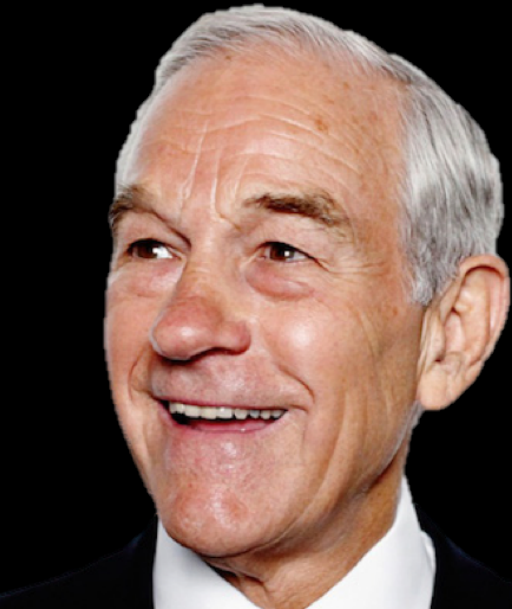
“We encourage internal entrepreneurs, recognize them, give them opportunities to implement their ideas, reward them for successes, and **never punish** them for their failures.”

-John Mackey



# FREEDOM | SELF

- The greatest gift is that we are able to receive a great deal of help.
- We do not ask for help. Our EGO has been wounded a lot.



# FREEDOM | SELF

Afraid of making mistakes  
Seeking perfection

-A sign of critical parents

-We have our parents' voices in our mind.  
If you are a parent...







“To play a wrong note is insignificant; to play without passion is inexcusable.”

Ludwig von Beethoven

## FREEDOM | SELF

- Freedom includes the freedom
  - to be wrong,
  - to make mistakes,
  - to fuck up.
  
- San Pedro Cactus Explained KARMA to me

## FREEDOM | SELF

Once we are here it is easier to find our purpose.

We can create our life with INTENTION.

The importance of FREEDOM: it helps us expand and experiment.

## SEEING THINGS WHOLE





FREEDOM | SELF

Our words define our world —CHANGE—

SELF-ACTUALIZATION → No need for violence.

*“Liberty is always freedom from the government.”*

Ludwig von Mises

# TOOLS

- Meditation
- Diet (depending on your blood)
- Gratitude practice
- Entheogens
- Find purpose
- Binaural beats
- Yoga
- Daydreaming

# FREEDOM | MONEY

- People love to hate money
- Mostly shadow from personal issues of inadequacy/self-worth
- The real problem is who issues MONEY

## MONOPOLY ON CURRENCY ISSUING

- Debasement of currency
- Inflation –
- Taxation –



# FREEDOM | MONEY

## FREE MONEY

- Crypto
- Precious metals
- Bartering

## 3 Main Ways to Create Wealth

- Job
- Career
- Calling

What lights you up!

- Mother: I do not care...





# FREEDOM | MONEY

- Find your purpose, like all these things in nature
- Find mentors, people that have the results you want
- Be a mentor to others
- Work for yourself or a conscious organization



# FREEDOM | MONEY

## CONSCIOUS ORGANIZATION vs SELF-ACTUALIZED

- Higher purpose
- Stake holder oriented
- Conscious leadership
- Conscious culture
- Love and work are the cornerstones of humanness
- Why can't we combine these two?
- Profit is a social good
- Business is good because it lifts people out of poverty.
- Central planning cannot do that

## FREEDOM | INTERPERSONAL

“Acceptance of a person requires a tolerance of imperfection. Anybody could lead perfect people if there were any. And it is part of the enigma of human nature, that the ‘typical’ person, immature, stumbling, inept, lazy, is capable of great dedication and heroism if wisely led.”

Robert K Greenleaf

# FREEDOM | INTERPERSONAL

We grow up and we think “the world is out to get me.”  
Partially due to DNA remembrance.

We mistrust people, we assume ill intention.

Swift your perspective → PRONOIA

ASSUME GOOD WILL

# FREEDOM | INTERPERSONAL

- Create healthy boundaries
- Be mindful how you spend your energy and with whom
- Continuous introspection / Keeping each other awake



# FREEDOM | INTERPERSONAL

## INTERESTING POINTS TO CONSIDER:

- We are more connected
- We have more active phone numbers than people in the world
- The Flynn Effect –IQ raises every 10 years
- We are becoming more conscious
- Greater commitment to truth
- Finer sense of right and wrong

# FREEDOM | INTERPERSONAL

## COMMUNICATION

- We often communicate **AGGRESSIVELY** with our kids.
- When people are unable to express, they resort to emotional appeals. Usually not deliberately...

WE FORGET TO LISTEN TO PEOPLE'S NEEDS BECAUSE WE ARE  
TOO BUSY JUDGING THEM.

# FREEDOM | SIGNIFICANT OTHER

When people are insecure about their sexuality or ability to reproduce, that insecurity is projected in attempts to control the relationships of others.

- Unconscious expectations
- Mental model of a relationship
- Realizing your soul mate will help you surface unresolved stuff

# FREEDOM | SIGNIFICANT OTHER

Freedom is important

- Sexual behavior → Dysfunctional (laws/religious/trauma)
- Marriage license → Black's Law
  - Nobody should ask for permission
  - INTERRACIAL
  - Then everyone



# FREEDOM | SIGNIFICANT OTHER

This has caused calluses on expectations/relationships

- Control
- Possessiveness
- Criticism
- Unrealistic expectations
- Emotional baggage

# FREEDOM | SIGNIFICANT OTHER

What can be done?

- Demonstrate appreciation
  - Say “thank you”
  - Mention what you like
  - Be gentle with yourself

FREEDOM → Being able to be yourself without being shamed in your relationship



FREEDOM | WORLD AT LARGE

“A man sees in the world what  
he carries in his heart.”

Johann Wolfgang von Goethe